

## \*\*\* WELCOME TO OUR PRACTICE \*\*\*

**I love working with people like you** --clients who are interested in taking a more active part in their animal's care and willing to explore alternatives. I'm really looking forward to getting started, so let's review...

### **What you'll need to have ready before the first appointment:**

- Completed **1) intake, 2) release, and 3) symptom history** forms: clicking on these 3 highlighted words will link you to the online pages for the forms. Fill them out and then fax, email, or mail them back to me.
- A copy of **recent medical records** from your veterinarian, including physical exam notes (either you or I can request from your vet).
- Photos (this is optional, but I love seeing pictures of your animals! Also, we could choose to use Skype for our appointment and you can introduce me to your animal.)
- A list of your **questions!** Write them down so you don't forget anything important.

### **During the first appointment:**

- I'll get more detailed information and answer your questions.
- We'll discuss your unique situation, experiences, and values.
- We'll talk about possible treatment options and together we'll formulate a plan.
- We'll make a follow-up appointment, usually within 2 to 4 weeks.

### **What you'll do between appointments:**

- You find supplies, **homeopathic remedies, foods or supplements** locally or online.
- You start implementing the plan, keeping notes and questions in a **written log**.
- Call or email us with questions. Fred will either relay short answers from me, or make an appointment with you if it can't be answered quickly.
- For more urgent problems, leave a message on our answering machine. We check it mornings and evenings on holidays and weekends.
- For emergencies, please contact an emergency veterinarian.

### **At subsequent appointments:**

- We'll go over your log and evaluate the results of treatment.
- We'll address additional questions and problems.
- We'll fine-tune the treatment plan or formulate a new plan.
- I may refer you for an exam or lab work to get more information.