

*** WELCOME TO OUR PRACTICE ***

I love working with people like you --clients who are interested in taking a more active part in their animal's care and willing to explore alternatives. I'm really looking forward to getting started, so let's review...

What you'll need to have ready before the first appointment:

- Completed **1) intake, 2) release, and 3) symptom history** forms: clicking on these 3 highlighted words will link you to the online pages for the forms. Fill them out and then fax, email, or mail them back to me.
- A copy of **recent medical records** from your veterinarian, including physical exam notes (either you or I can request from your vet).
- Photos (this is optional, but I love seeing pictures of your animals! Also, we could choose to use Skype for our appointment and you can introduce me to your animal.)
- A list of your **questions!** Write them down so you don't forget anything important.

During the first appointment:

- I'll get more detailed information and answer your questions.
- We'll discuss your unique situation, experiences, and values.
- We'll talk about possible treatment options and together we'll formulate a plan.
- We'll make a follow-up appointment, usually within 2 to 4 weeks.

What you'll do between appointments:

- You find supplies, **homeopathic remedies, foods or supplements** locally or online.
- You start implementing the plan, keeping notes and questions in a **written log**.
- Call or email us with questions. Fred will either relay short answers from me, or make an appointment with you if it can't be answered quickly.
- For more urgent problems, leave a message on our answering machine. We check it mornings and evenings on holidays and weekends.
- For emergencies, please contact an emergency veterinarian.

At subsequent appointments:

- We'll go over your log and evaluate the results of treatment.
- We'll address additional questions and problems.
- We'll fine-tune the treatment plan or formulate a new plan.
- I may refer you for an exam or lab work to get more information.